

Vibrant Health Power 1000 Vibration Machine

2019 Survey Results





Survey Metrics

53 respondents (28% response rate)

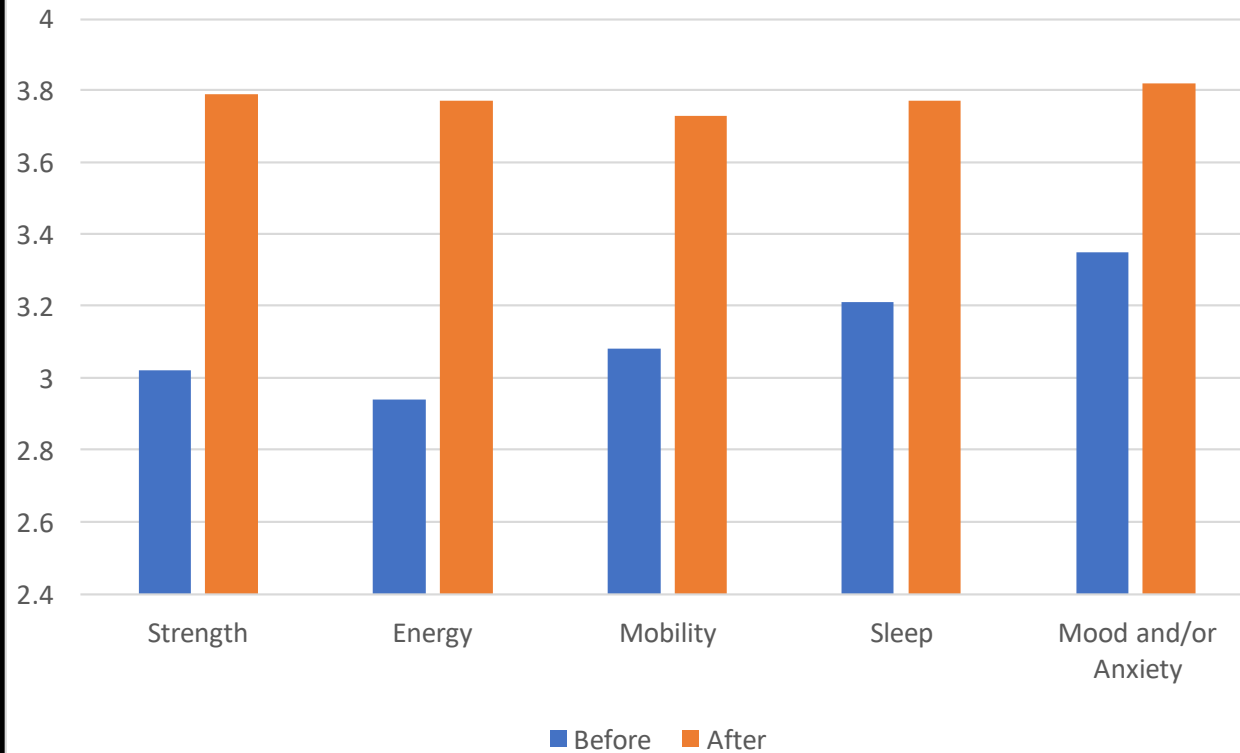
88% were 50-80 years of age.

58% female, 42% male

55% of the respondents had their machine 1-2 years, 43% for 1-12 months.

Most had never used a vibration machine before.

5 Modalities Before and After WBV on 1-5 Scale

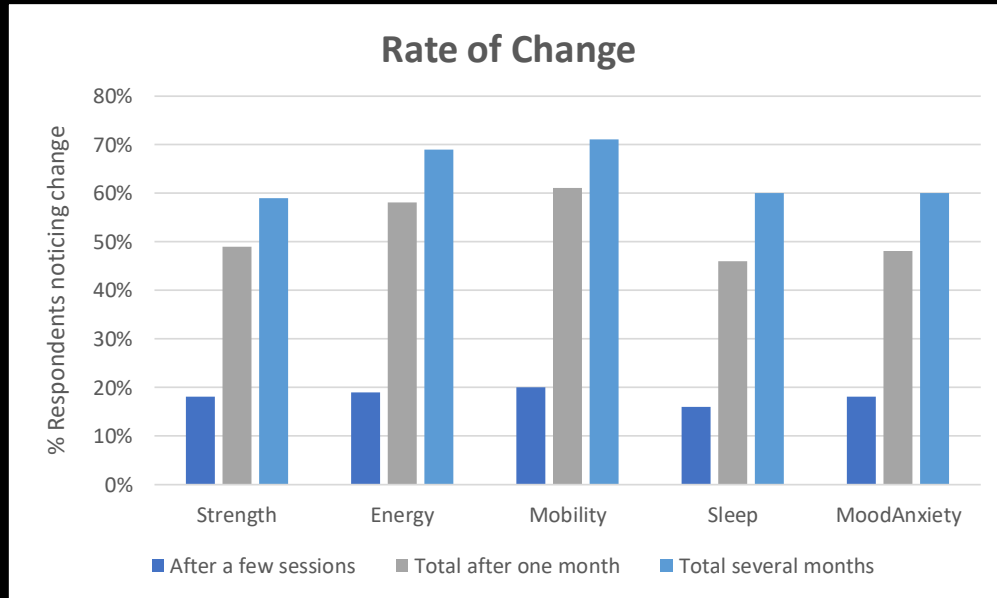


Strength
Energy
Mobility
Sleep
Mood/Anxiety

**All improved
with WBV**

*Scale from 1-5:
1 - weak/low/poor
5 - very strong/high or
excellent*

Improvements were rapid for Strength, Energy, Mobility, Sleep, and Mood/Anxiety:



- 15-20% improved after a few WBV sessions
- 45-60% total within a month
- 60-70% total within several months

75% of people in pain saw an average 52% drop in pain within a few months.

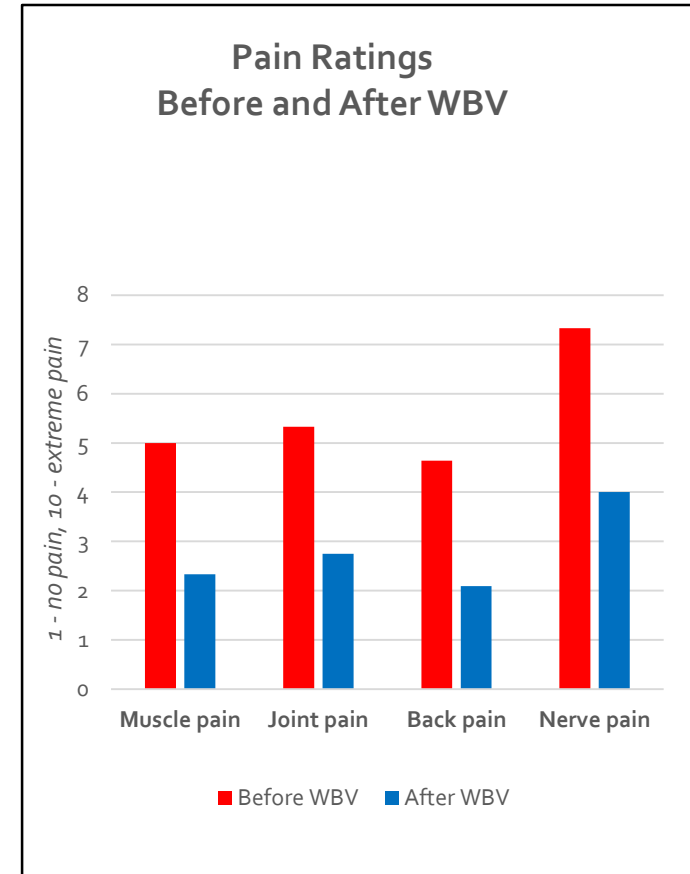
Types of pain reported as improving - muscle, joint, back, and nerve

Respondent comments:

"I am recovering / reversing from Neuropathy. The WBV brought immediate results."

"My best results - a major decrease in sciatic pain!"

"I feel like my body and muscles are more flexible."

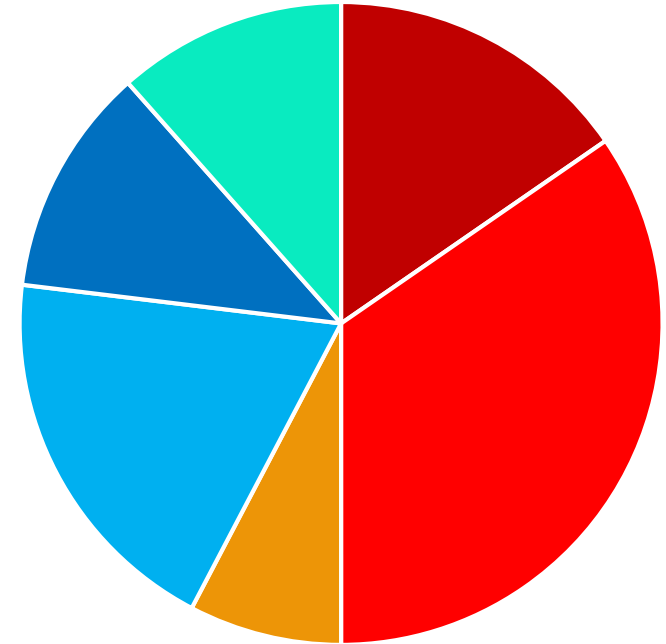


**After beginning WBV,
20% of respondents
reduced their pain
medications, or
switched to less
powerful meds.**

**Most respondents
took no pain
medications.**



Joints all over the
body improved,
especially knee
joints.



■ hips

■ knees

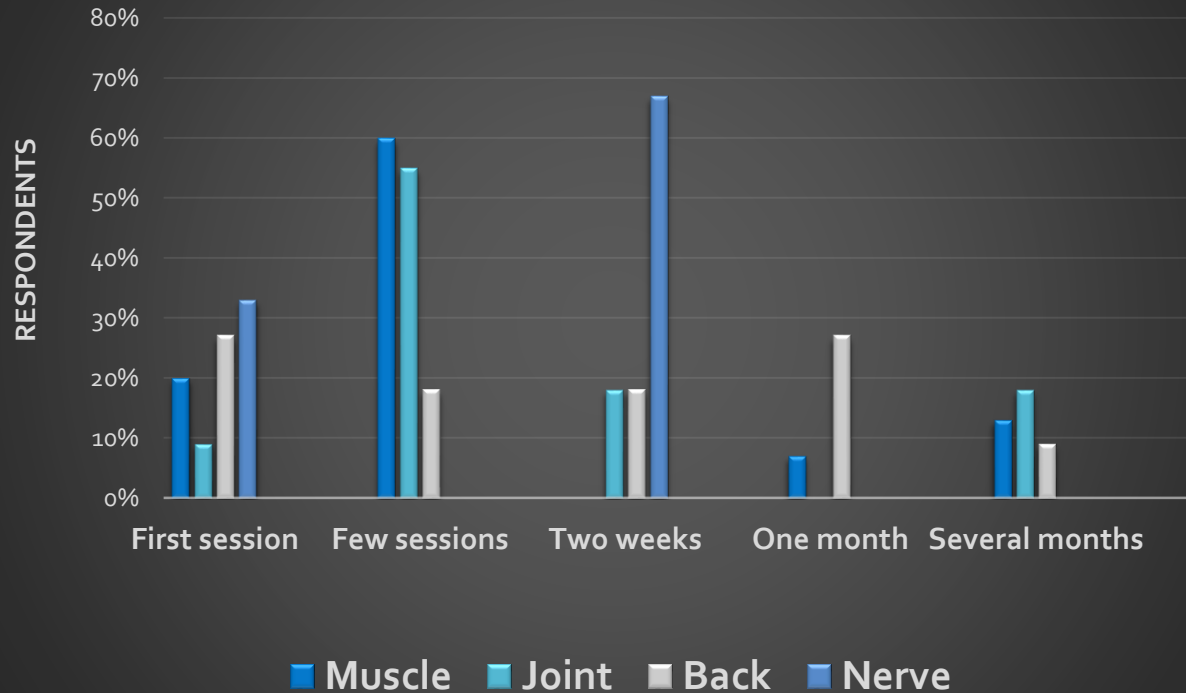
■ ankles/feet

■ shoulders

■ elbow

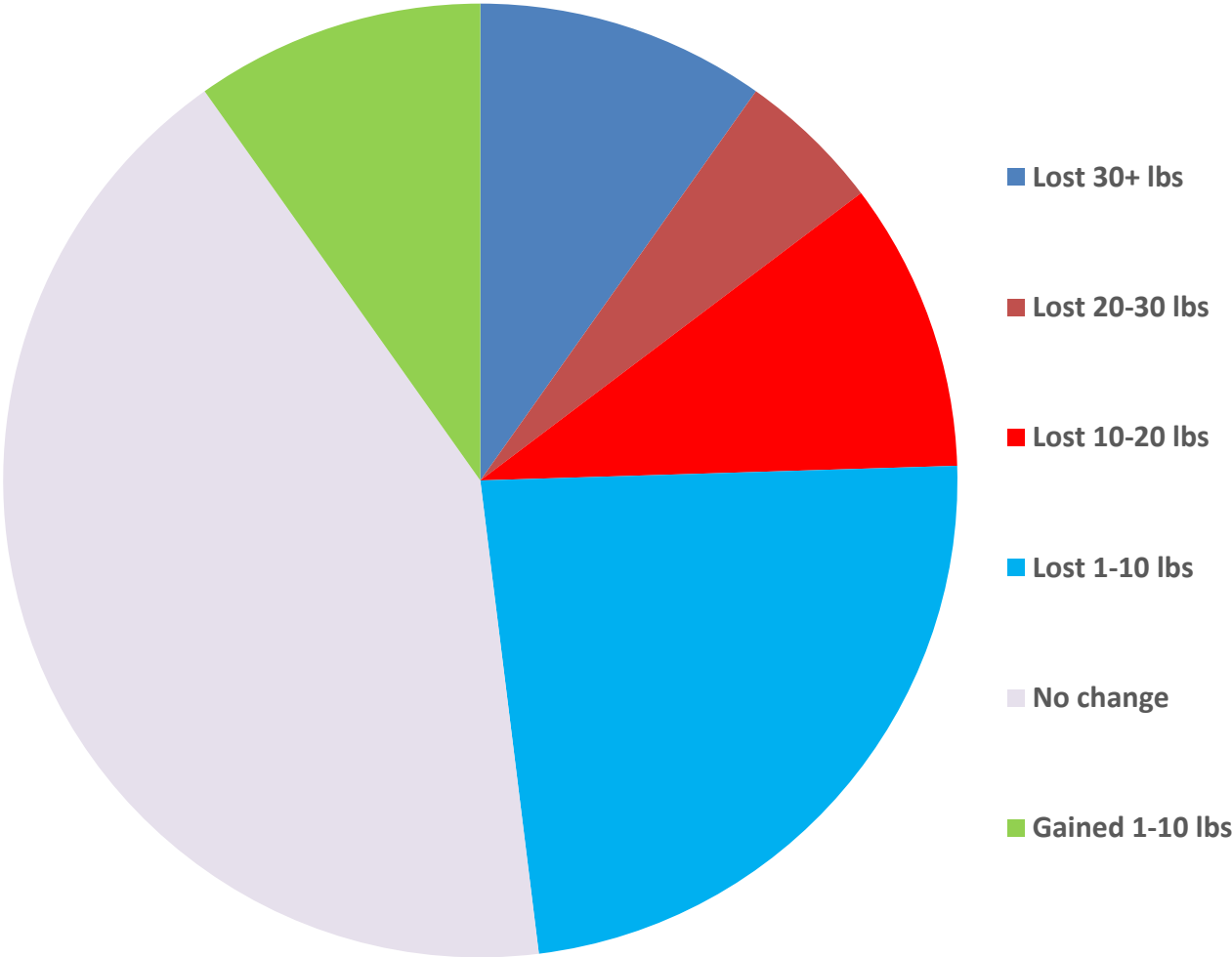
■ wrists/hands

First noticed an improvement



Rapid relief for muscle, joint, back, and nerve pain - with only a small amount of WBV

Pounds lost by those who wanted to lose weight



Almost half of those who wanted to lose weight, did lose weight.

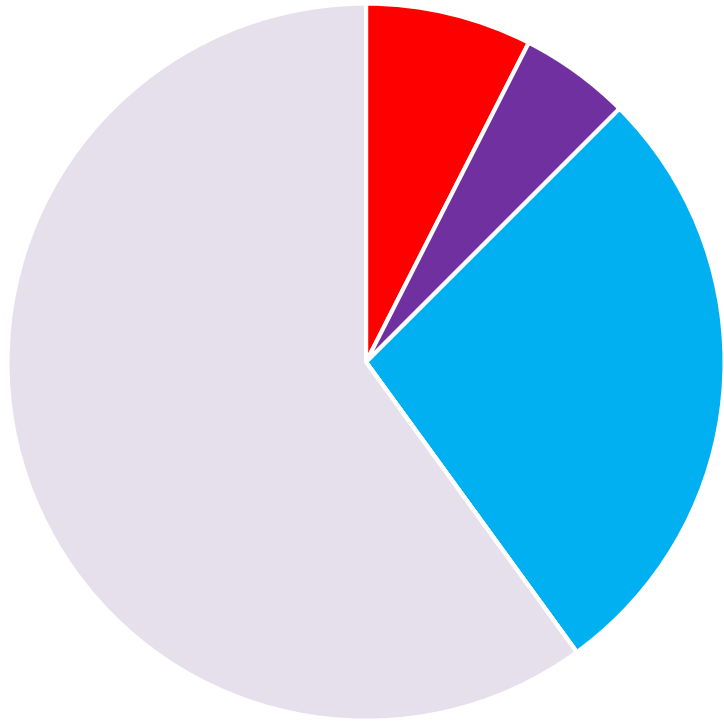


Virtually all of the respondents (98%) were not taking weight loss supplements or medications.

Most followed healthy, low carb diet regimes, and 86% did not change their diets.



Bone density changes



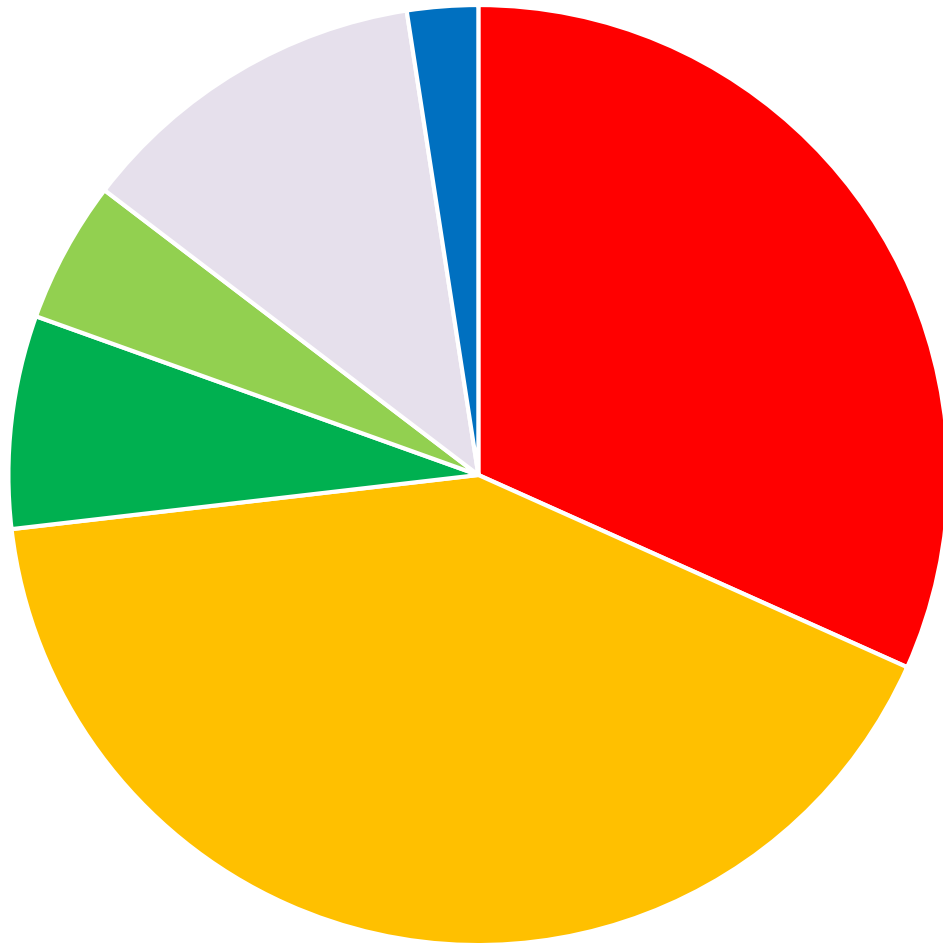
■ Significantly better ■ A little better ■ No change
■ A little worse ■ Significantly worse ■ N/A

40% of respondents increased their bone density, or did not lose bone density

0% of respondents lost bone

60% answered N/A: the study was too short to answer question

How often do you use your VH Power 1000?



- Daily
- 2-4 times per week
- Once a week
- Occasionally
- Intermittently
- Never

People love using
the Vibrant Health
Power 1000!



Respondent Comments

Great investment - really helps me and my grandkids love it too!

I really recommend its use to improve your health and quality of life.

The most obvious response I have experienced is increased energy!

Exercise/mobility is vital to quality of life. I want to live, not just exist.

This machine is the missing piece to my health recovery.

It is the easiest thing to do and get results.

Love it!

Respondent Comments

I love the muscle strength and increased mood it has provided.

I feel that it was a wise investment.

Noticed an increase in my upper body muscle development.

I love the gentle, deep massage feeling the machine provides. It is very relaxing, and I love doing qigong on my platform.

Love it. I like to do the exercises on it .

Great product. My girlfriend and I use it for 5 minutes twice a day while brushing our teeth. :)

