



Power 1000 Vibration Machine

2019 SURVEY RESULTS





Survey Metrics

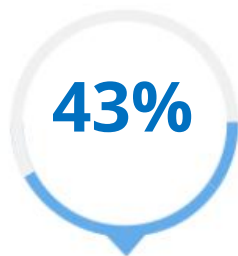
**187 people polled;
53 respondents (28% response rate), of which:**



***Were 50-80
years of age***



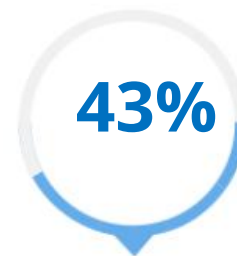
Female



Male



***Had their
machine for
1-2 years***

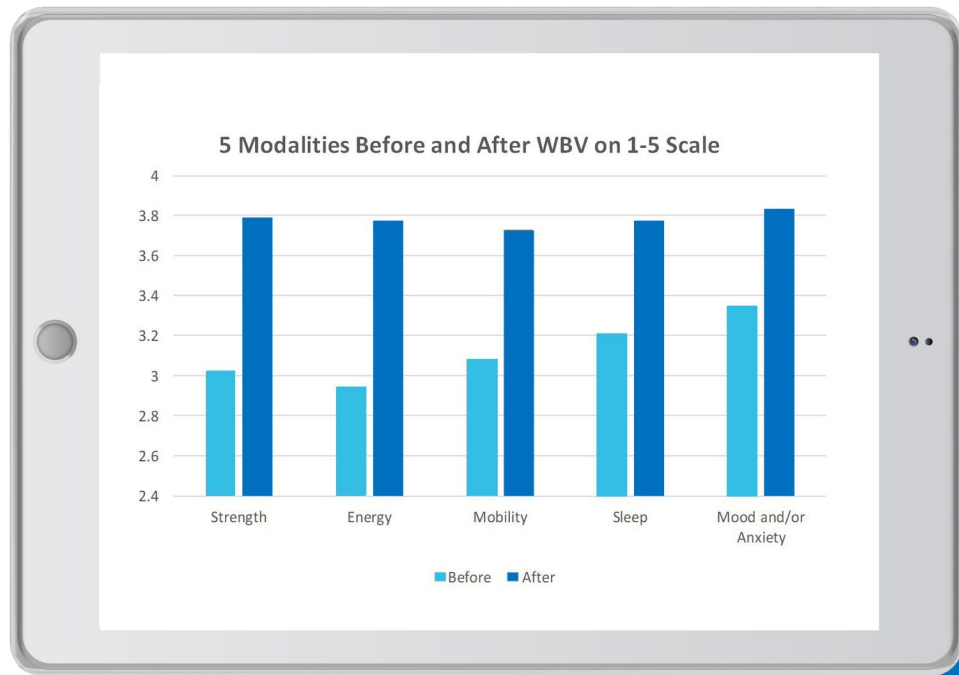


***Had their
machine for
1-12 months***



Strength, Energy, Mobility, Sleep & Mood/Anxiety

All improved with WBV



Scale from 1-5:
1 - weak/low/poor
5 - very strong/high or excellent



Improvements were rapid for Strength, Energy, Mobility, Sleep, and Mood/Anxiety:

- 15-20% improved after a few WBV sessions
- 45-60% total within a month
- 60-70% total within several months





75% of people in pain saw an average 52% drop in pain within a few months.

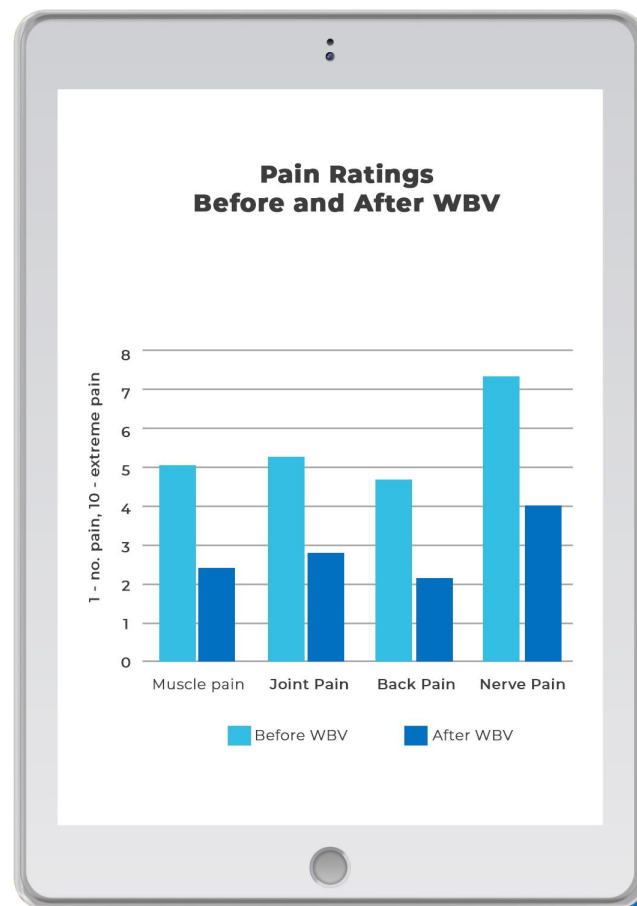
Types of pain reported as improving - muscle, joint, back, and nerve.

RESPONDENTS COMMENTS

"I am recovering / reversing from Neuropathy. The WBV brought immediate results."

"My best results - a major decrease in sciatic pain!"

"I feel like my body and muscles are more flexible."



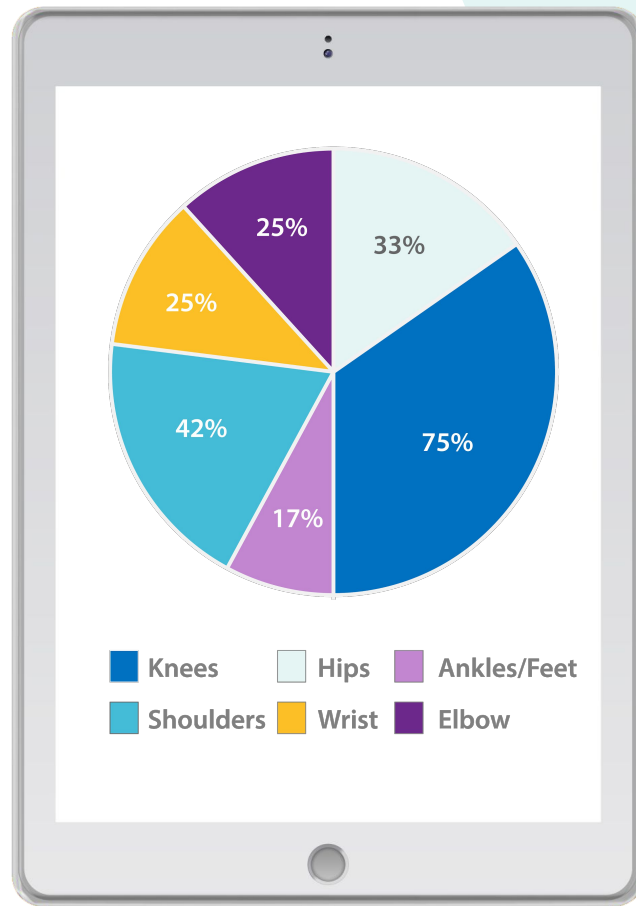


After beginning WBV, 20% of respondents reduced their prescription and OTC (over-the-counter) pain medications, or switched to less powerful meds.



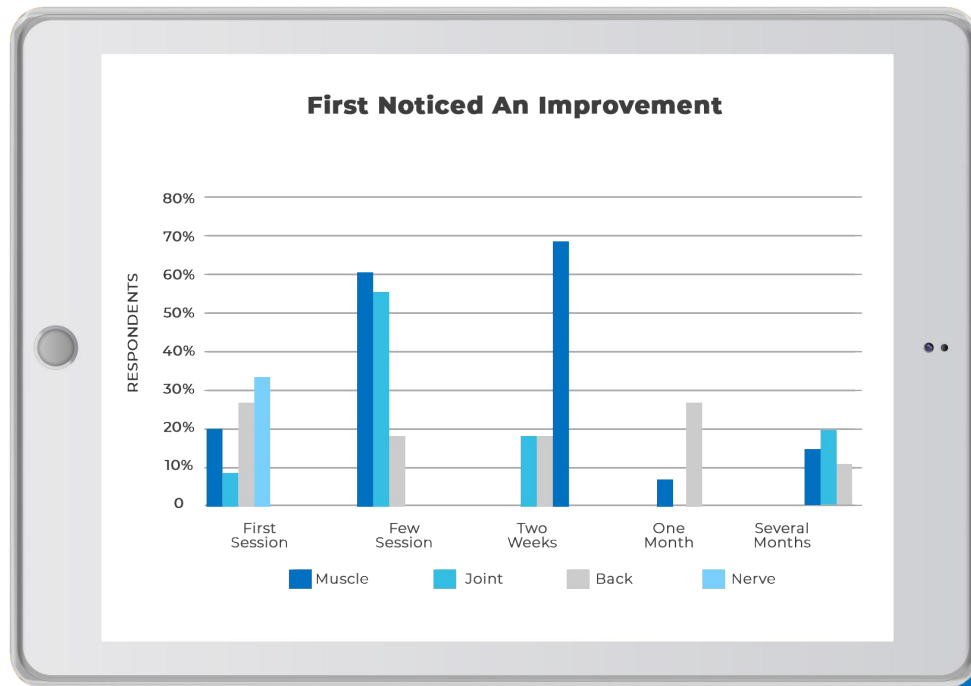


Joints all over the body improved, especially knee joints.



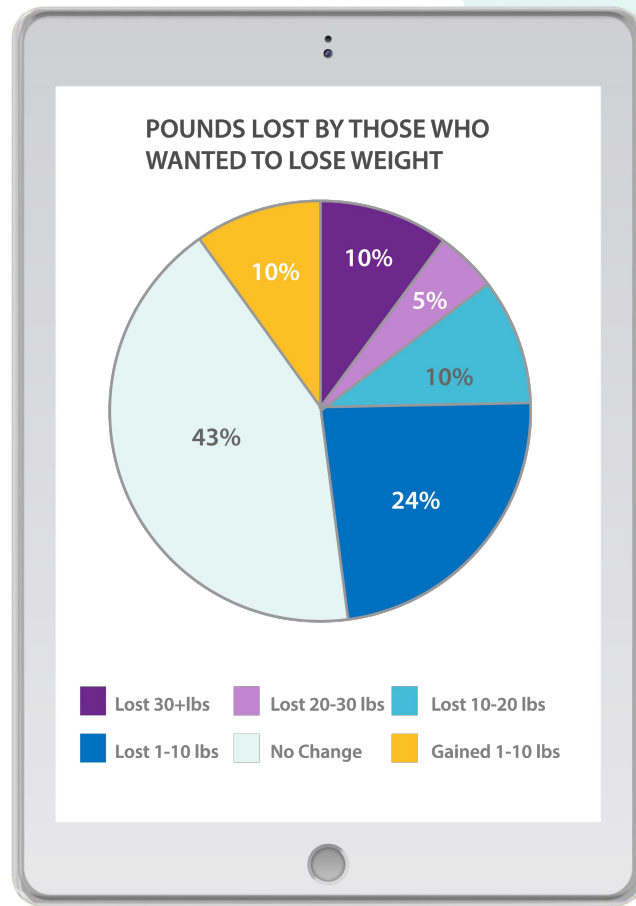


**Rapid relief for
muscle, joint, back,
and nerve pain -
with only a small
amount of WBV.**





Almost half of those who wanted to lose weight, did lose weight.





This is so impressive because losing weight after age 40 is proven to be harder and 98% of respondents were not taking medications or supplements to reduce weight loss.

Most simply used our machine and followed healthy, low carb diet regimes, and 86% did not change their diets.

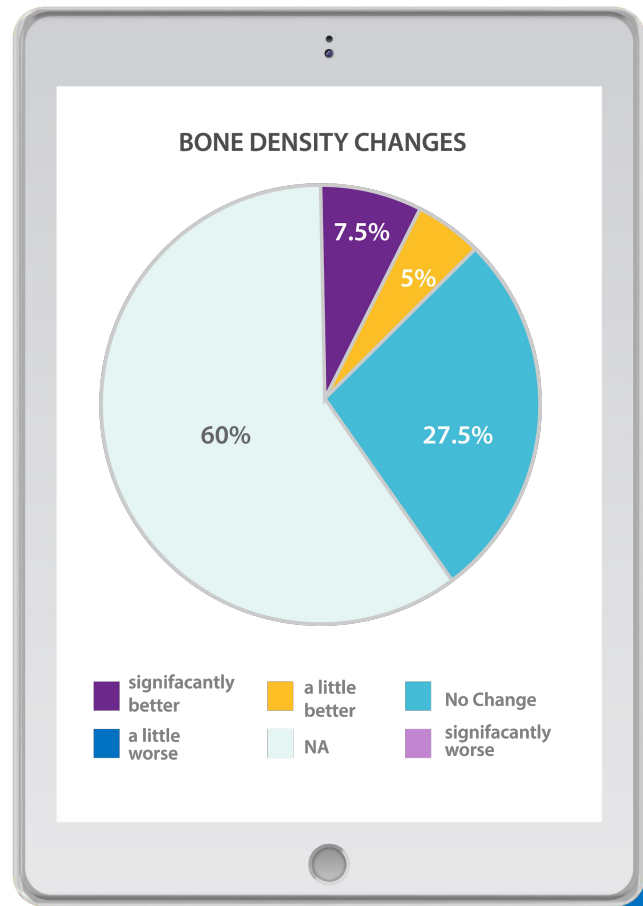




40% of survey respondents increased their bone density, or did not lose bone density since using our WBV machine

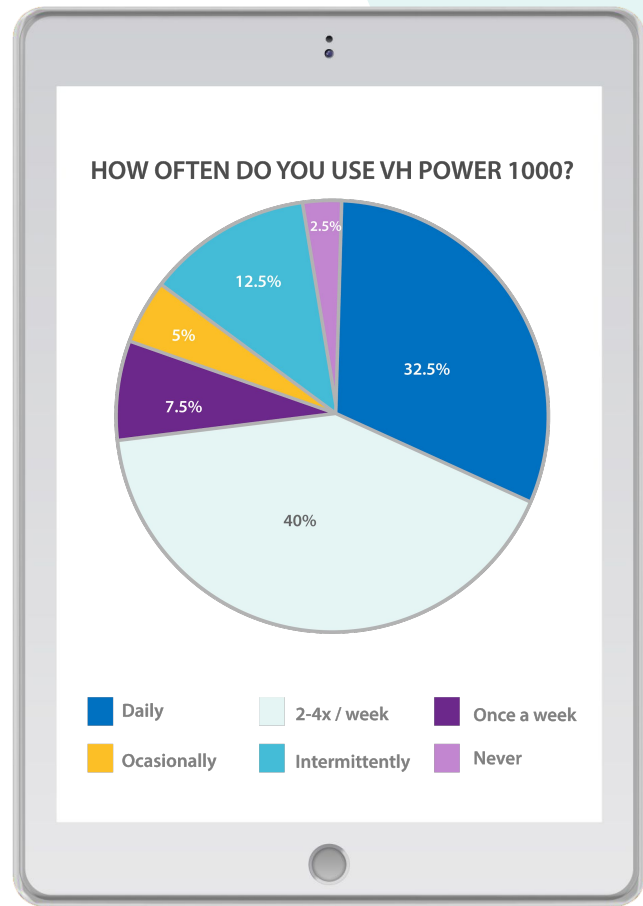
0% of respondents lost bone

60% did not have recent bone density tests and could not answer this question





People love using their Vibrant Health Power 1000!





RESPONDENTS COMMENTS

"Great investment - really helps me and my grandkids love it too!"

"I really recommend its use to improve your health and quality of life."

"The most obvious response I have experienced is increased energy!"

"Exercise/mobility is vital to quality of life. I want to live, not just exist."

"This machine is the missing piece to my health recovery."

"It is the easiest thing to do and get results."

"Love it!"



RESPONDENTS COMMENTS

"I love the muscle strength and increased mood it has provided."

"I feel that it was a wise investment."

"Noticed an increase in my upper body muscle development."

"I love the gentle, deep massage feeling the machine provides. It is very relaxing, and I love doing qigong on my platform."

"Love it. I like to do the exercises on it."

"Great product. My girlfriend and I use it for 5 minutes twice a day while brushing our teeth. :)"



TESTIMONIALS FROM CLIENTS



"I'm like the **Energizer Bunny**, my hay fever is gone, my mood is better and more stable, I lost 30 pounds, and am much stronger than I have ever been."

- Doreen Hadge

"I am very happy with the results I got from just 6 sessions: I lost 8 pounds, my **blood pressure dropped** 40 points, and I have **more energy**."

- Bill Maden

"I have struggled for years with chronic fatigue. The morning after my first one minute session **I jumped out of bed for the first time in about 20 years**, plus my mind is clear and focused."

*-Peg
McNeil*

"I am **happier and have more energy** now than I ever did when I was on Prozac."

- Denise F.



TESTIMONIALS FROM CLIENTS



"After a year of using the vibration machine, my **bone density increased** by 6% in both my hip and spine. When I reported the results to a doctor, he called it 'a massive increase.'"

- *Diane Warshovski*

"I'm 58 and have Epstein Barr and interstitial cystitis. I use my machine 15 minutes a day and it **makes me feel great no matter what** my symptoms. It relieves my constipation in 15 minutes, and gives me energy! Thank you, Becky!"

- *Lindsey*

"I've been raving about the vibration machine to everybody I know. **I'm stronger, noticeably more toned**, my mood is decidedly better, and now my entire family is coming with me to use the vibration machine. I've been so pleased...that I've **cancelled my gym membership.**"

- *Judy Garland*

"I am in my 70's and a regular tennis player, but I have had a **shoulder injury** from a bicycle accident years ago that never fully healed, and it has bothered me ever since. **After only 2 weeks** of vibration twice a week it is getting a lot better. I would say it is **90% improved.**"

- *Robert Williams*



TESTIMONIALS FROM CLIENTS



"I tried everything in the last 6 months...Since starting at Vibrant Health, in **3 weeks I have lost 14 pounds** and I feel healthier."

- **Andrea Higgins**

"I had been vibrating just a few times when I went home after my three or four minutes of vibration, and I had **so much energy** I started scrubbing the kitchen floor by hand. When I finished with the floor, I started in on the walls. My husband, who was half asleep on the couch where we would usually both be after a long day at work, said to me, 'What has gotten into you?'"

- **Marianne L.**

"I went from only 61% of normal bone density, to 105% of normal bone density in two and a half years, using only Whole Body Vibration and natural supplements! I was originally diagnosed with "extremely severe osteoporosis" and now the bone density test came back saying **I have "the bones of a healthy young woman!"**

- **Mary Oronato**

"I'm 70 years old and I've had increasing pain and stiffness in my legs for the last 7 years. I started using Becky's vibration machine and every time I use it for just a few minutes my mind and body feel rejuvenated, and the **pain in my legs goes away... I feel like I am getting my younger body and self back.**"

- **Gene M.**



TESTIMONIALS FROM CLIENTS



"I've been trying hard to lose weight and tone up for two years...Now, after one month I've lost at least 6 lbs, and during the holidays too! **My clothes all fit much better**, and my friends are noticing how toned I am. My daughter poked my stomach last week and said "Are those your abs? Oh my God!" The biggest thing for me though is that **I am sleeping!**

- *Mary Jane Langone*

"The increased confidence from my increased endurance and strength is priceless. I am forever grateful to have found my way to whole body vibration and Becky, as conventional options are not geared for my age and chronic conditions."

- *Sandy Gong*

*"I've been using the BV1000 vibration machine since 2008. I had been diagnosed with osteoporosis... **I am now in my mid-70's and according to a recent bone density test I have the bones of a healthy 40 year old.** The technician who read my results just about fell on the floor! Based on my bone density test she was sure I couldn't be older than 65."*

- *Anna Wall*

***"I felt relief after the first five-minute session.** Now, I simply stand on my WBV machine for five minutes each morning and head off to work with a happy song in my heart. The pain has gone. Imagine that."*

- *Wayne Young*



TESTIMONIALS FROM CLIENTS



"I **felt very strong** and in control, increased core strength and balance, quad and calf strength. I felt great! I felt like I was an **agile twenty-year-old again**. Also, a year after using the Vibrant Health Power 1000 vibration machine, my calves were bigger, evidenced by my ski boot buckles needing to be adjusted!

- Marliana Cataldi

"I **have finally been able to lose that stubborn weight** that I have been trying to lose for years...I have noticed **increased energy and strength, and improved moods.**"

- Darlyne Skladony

"...my recovery time after long runs has **decreased dramatically** while using the vibration machine...**my strength and muscle tone have improved tremendously. I want to thank Becky for her commitment to and expertise in helping me** to improve not only my athletic performance, but my overall health."

- Hillary Rapucci

"**I am sleeping more soundly... which helped me to focus and remain alert during the day.** Thank-you for introducing this new technology to Cynthia and me."

- Brian Cichella



TESTIMONIALS FROM CLIENTS



"A lifelong runner, I gave up running at age 60 after developing numbness and pain in both feet. I spent 7 years unable to run at all. I went to many different doctors, including specialists who told me there was nerve damage and I would never get better, and I even tried surgery, all with no improvement. Then 4 years ago I met Becky and started vibrating, increasing eventually to 20 minutes daily. **I saw an improvement** after the first session and there has been a steady increase in function and feeling ever since. Now 4 years later **I have just successfully completed this year's Boston Marathon**, my 27th at the age of 70. Thanks, Becky!"

- Richard Hawkins

"According to the medical professionals, I needed both shoulders replaced. I was in a great deal of pain for years and was unable to raise my arms to reach anything above my head due to the pain and joint limitations. I believe the vibration machine... has been a huge factor in lessening the 24 hour pain. The shoulders still need replacing, but, because the pain is not bothering me, **I can postpone the medical procedure** that I do not feel is right for me at this time."

- Wendy Mclean



TESTIMONIALS FROM CLIENTS



I had been using Turbosonic (\$15,000) for over five years and I must say that I am experiencing faster results and especially gaining strength over all my muscles with Vibrant Health Power 1000 machine. Turbosonic has been good, this machine is helping me even more. From doing squats on the Power 1000 I have been able to leg press 270 pounds effortlessly and with the strength to add another weight at my next workout at the Y. Not bad for a 68 year old senior!!

Becky, your platform ROCKS!!! Everyone should read your books because you are at the top of your profession in knowledge and experience. Thank you so much.

-Fred Shaw



TESTIMONIALS FROM CLIENTS



In a nutshell - I am excited to wake up every morning! Sleep is a joy. There is bounce in my step, and I can wear a smile out. Nothing qualifies as a chore - and I have found something in each thing to make it interesting. (Fortunately, my husband does the laundry, so I haven't had to be tested on that score).

These benefits link directly to your program - poster, books, VHP 1000 machine and on-line coaching/training sessions - in my view. They keep me focused and motivated. I love 'em!

It has been a pleasure to live without the stress, weight, and shifting profile I had been coping with. You have put my mind on vacation. Thank you for the new body, new outlook, and new life!

Doreen Fullmer



TESTIMONIALS FROM CLIENTS



I met Becky when I was in my late 60s, when my energy felt stuck in survival, and anxiety was taking over. I was experiencing fatigue and unexplained health issues. A bone density test result was not good even though I followed the doctor's advice.

I started on WBV and homeopathy in October 2019. The difference in how I felt was almost immediate – physically and emotionally. Within a week, I felt emotions, such as fear and anxiety over my health, finances, and survival, begin to surface and release. Simultaneously my body was becoming stronger, more vibrant. Energy was moving. Healing was accelerating on multiple levels.

A few months later, when the 2020 pandemic hit, everyone in my office was sent home to work, the gym was closed, isolation ensued, and the news reports were not good. And yet I was happy. I focused on the good. I do WBV twenty minutes most days: my muscles are stronger and my emotional well-being is consistently positive and happy. The anxiety is a distant memory. WBV and homeopathy are a huge factor in changing the quality of my life for the better.

- Debra Dahlman



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